

# Communication Through Art and Colours

**Office:**

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Singapore 388065

**Training Facility:**

15 Lor 29 Geylang #05-01  
Phang Clan Association Building

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## Dates

(Wednesdays & Fridays)

*Sept 15, 17, 22, 24, 29*

*Oct 1*

*(2004)*

## Class Times

*7pm - 10pm*

## Course Fee

*S\$200*

*(\$100 Scholarships*

*Available, based on eligibility)*

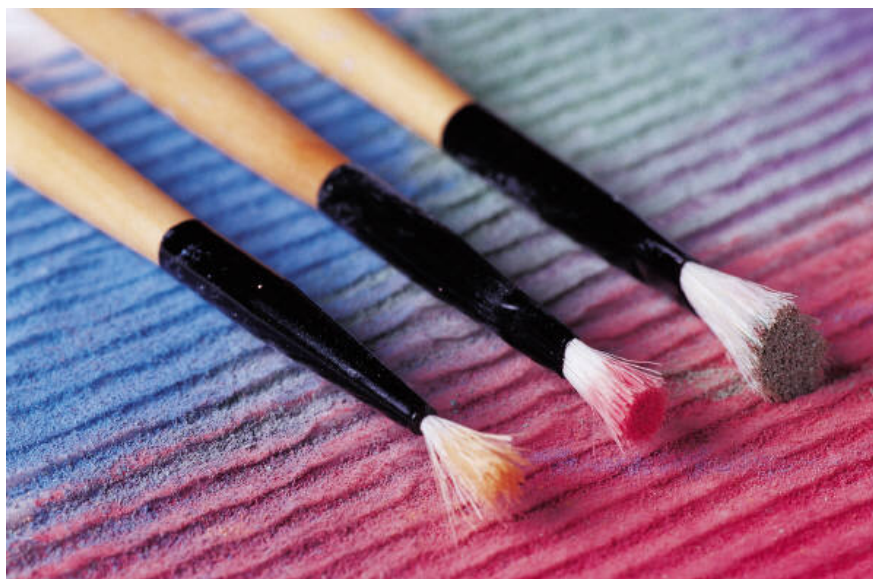
## Certificate Awarded

*Upon successful*

*completion with min. 75% class  
attendance*

## To Register

*Please call or email  
Annah Lee (see above)*



## What Is In The Course?

This course aims to facilitate an artistic and creative approach to counseling, and to provide an introductory understanding of the theory and application of artistic methods. Participants will be able to apply this methods to their own issues and to counselling others at the introductory level.

## Course Syllabus

### *Drawing and Painting for communication*

Participants will be exploring the artistic mediums and their potential application in counselling:

- ✂ Line drawing (pencil and charcoal)
- ✂ Exploring colour with soft chalk pastels
- ✂ Exploring expressive communication with colour crayons
- ✂ Exploring wet-on-wet water-colour painting

## Who Should Attend This Course?

*Teachers, supervisors, managers, care-givers, counsellors and anyone interested in improving one's own relationships with others or enhancing one's ability in helping others through understanding of human-psychology.*

Lecturer Ms Chetan Rupa is a Counsellor and Psychotherapist from Australia with a keen interest in expressive therapies. Her work is derived from a body-centered approach known as Psycho phonetics which incorporates non-verbal, artistic communication alongside the verbal counselling where appropriate.