

**YES! I would like to register for the ‘Meditation using Mind-Body
Medicine Techniques’ program!**

Date: 25 Feb, 4, 18 & 25 Mar 2006 (Saturdays)
Time: 2.30 to 4.00 pm (Registration at 2.00 pm)
Venue: Toa Payoh Central Community Club
Seminar Room #05-02, 93 Toa Payoh Central (Tel: 6252 1249)

Fees (please tick the appropriate boxes and delete accordingly):

- S\$ 28 per pax for packages A *and* B
- S\$ 8 per pax for packages A / B
- S\$ 10 per pax for session A1 / A2/ B1/ B2

**Please make cheque payable to “Shan You Counselling Centre” and send it to the
Centre with your registration before 10 Feb.**

Name: (Dr/ Mr/ Ms) _____

Address: _____

_____ **Singapore** ()

Tel: _____ (res) _____ (h/p) _____ (off)

Fax: _____ **Email:** _____

**For enquiries, please contact Tan Wee Chong /Yap Ching Sian at Tel: 6741 9293
Fax: 6741 9352**



Shan You Counselling Centre
Block 9, Upper Boon Keng Road,
#01-960, Singapore 380009
Web: <http://www.shanyou.org.sg>



Toa Payoh Central Community Club
93, Toa Payoh Central,
#01-01, Singapore 319194
Web: <http://www.pa.gov.sg>